

## Lilly Mason

1234 Main Street • Lakewood, CO 80010 • 720-777-7777

### Highlights of Qualifications

Excellent ability to provide genuine concern and empathy for the client  
Committed to bringing about real, practical results in people lives  
Strong practical and theoretical foundation in several therapeutic models  
Effective and knowledgeable in working with cultural/social differences

### Relevant Experience

State of Minnesota Vocational Rehabilitation Minneapolis, MN  
*Independent Contractor-Vocational Counselor* 01/05/2008 to Present

- Established and maintained supportive relationships with employers, and provided job coaching and support to client on an as needed basis.
- Worked collaboratively with clients with disabilities to identify appropriate employment settings with regards to clients' strengths, skills, personality, and barriers and proceeding with the job search accordingly.
- Educated clients on job seeking skills including Internet searches, resume writing, job interviewing, proper phone etiquette, job readiness skills, and follow up etiquette to interviews.
- Analyzed local labor market trends relative to training and employment needs of clients.

Creative Recovery Counseling and Consulting Aurora, CO  
*Counselor* 01/20/2008 to 09/15/08

- Counseled individuals to help them overcome personal challenges, develop self awareness, improve coping tools, and foster a positive sense of self-worth.
- Interviewed clients, reviewed records, completed intakes, and consulted with other professionals to evaluate conditions of the client.
- Facilitated Level II therapy sessions in accordance with ADAD to assist court ordered clients in overcoming alcohol dependency by developing self awareness, improving support systems, and fostering accountability.

BridgeWay Youth Center Aurora, CO  
*Counselor* 01/21/2008 to 09/15/08

- Facilitated weekly bullying groups with bullying curriculum in conjunction with residents' treatment goals.
- Wrote daily and monthly reports to caseworkers, parents, Gal's, and other legal parties on the status of the child's treatment.
- Initiated weekly therapy sessions, encouraging clients to express feelings and develop insight into their behaviors and relationships.
- Co-facilitated family therapy sessions to improve communication and foster trust between child and parent.

Arapahoe Douglas Mental Health Network Littleton, CO  
*Vocational Counselor/ Case Manager* 08/15/2006 to 12/1/2007

- Completed billing procedures monthly and exceeded billing contract with DVR of 8 closures by 50% for the year 2007.
- Developed partnerships with local businesses in providing transitional and supportive employment opportunities for members.

- Assisted clients with locating housing resources, SS/SSDI benefits, community support groups, and other resources to assist with recovery and wellness.
- Provided career placement services utilizing a strengths based approach for people with mental illness including job coaching, resume building, work adjustment training, internet searching, job interviewing, personal adjustment training, and follow up.
- Spearheaded efforts to revamp clubhouses' vocational program by redesigning job club, initiating a bi-weekly vocational orientation and facilitating a weekly employment support group.

Heritage Group Foster Home  
*Primary Therapeutic Agent*

Denver, CO  
12/2004 to 01/2006

- Provided personalized case management for emotionally disturbed adolescent females and implemented personalized case plans according to each girls treatment objectives.
- Facilitated weekly group therapy sessions on topics including conflict management, empowerment, self esteem, drug and alcohol abuse, sexual abuse, trauma, and creative expressions.
- Liaison between school, therapist, caseworker, GAL, and family.
- Provided therapeutic interventions in situations of conflict.

### **Volunteer/Cross Cultural Experience**

**San Jose, Costa Rica:** Served as Assistant Guidance counselor at the International Christian School.  
(Fall 2004)

**Uganda, Africa:** Cared for clients in an aids hospice and developed several academic programs for children at a local orphanage. (Summer, 2003)

**Denver, CO:** Provided counseling, mentoring, and tutoring services for inner city children with The Third Story Inc and Wiz Kids Tutoring. (2002-2004)

### **Education**

University of Colorado  
*MA's in Clinical Counseling and School Counseling*  
G.P.A- 3.89

Denver, CO  
2009

Colorado State University  
*BA in Psychology*

Fort Collins, CO  
2004

**References:** Available upon request